SEDUNIA LUXURY



REGENT SEVEN SEAS CRUISES

Southern Mediterranean Sojourn: Barcelona – Rome

DURATION
15 days, 17 nights

WHERE
Italy, Spain

FROM, PER PERSON
RM 28,864

Overview

ALL-INCLUSIVE ULTRA LUXURY CRUISES

Luxury Cruise

Step aboard the extraordinary and enjoy The Most Inclusive Luxury Experience®. We offer thousands of Unlimited Shore Excursions to explore however you please when sailing to over 550 ports of call across the globe. Travel with the security and comfort of The World's Most Luxurious Fleet®, enjoying the freedom that comes with our Unrivalled Space at Sea®.

SHIP - SEVEN SEAS NAVIGATOR

Serene ocean views enhance the soothing color palette in each Seven Seas Navigator® suite. You'll also find luxurious bath amenities, a cozy robe and our superior Elite Slumber™ beds to ensure a relaxing and revitalizing all-inclusive luxury voyage.

As you gaze at Seven Seas Navigator®, imagine what you'll hear as well. Listen for sounds of happiness like forks clicking on Versace dinnerware, a ball clacking on a roulette wheel, and a martini being shaken to icy perfection.

Itinerary

DAY 1

Barcelona, Spain

One of Europe's most visually stunning cities, Barcelona balances the medieval intimacy of its Gothic Quarter with the grace and distinction of the wide boulevards in the Moderniste Eixample. It was the home of architect Antoni Gaudí, whose Sagrada Familia Cathedral, Park Güell and Casa Milà are the most profound statements of Modernisme. View the splendid works at the Picasso Museum and the Miro Foundation, or discover Barcelona's passionate ambiance at a flamenco show.

DAY 2

Valencia, Spain

Valencia was established by the Greeks and later occupied by the Carthaginians, Romans, Visigoths and Arabs. A 15th century artistic movement here gave the world spectacular paintings, sculptures, and jewels. Today a "City of Arts and Sciences," Valencia offers visitors remarkable samples of modern architecture, alongside such notable classics as the 13th century Cathedral and Chapel of the Holy Chalice. Built on the site of a mosque which was originally a Roman temple the Chapel contains the chalice which legend says was used by Christ at the Last Supper. For a more historic view, take in the Quart Towers, a former gate of the medieval wall, built in 1444; and Serranos Towers, a former prison surrounded by a moat and built around 1391.

DAY 3

Alicante, Spain

There is something for everyone in Alicante. The historic Mediterranean port city is located in renowned Costa Blanca, within the region of Valencia. From outdoor cafés to white-sand beaches to museums that house rare masterpieces, this town has everything one would expect of a Mediterranean escape. Be sure to visit the picturesque town of Guadalest, one of the most unique destinations in all of Spain.

DAY 4

Palma de Mallorca, Spain

Mallorca, also known as Majorca, is a wind-swept island with steep jagged cliffs and olive groves more than a thousand years old. Mallorca is an island of contrasts. To the south is a busy tourist area with hotels, bars, restaurants, shopping and dazzling night life. To the north are rocky valleys, sleepy villages shrouded in bougainvillea, and breathtaking views. Palma is dominated by the breathtaking Gothic Cathedral, located high above the waterfront on the site of a former mosque.

DAY 5

Cruising the Balearic Sea

Stop into our boutiques and browse a wide range of items – upscale handbags to exclusive fragrances to fine jewelry – in an intimate and unhurried setting. You'll also find clothing, Regent Seven Seas Cruises® logo wear and gift items to share with friends and family. Our boutiques are staffed by friendly salespeople. Opening hours vary and are printed in the Passages daily newsletter.

DAY 6

Sete, France

Spend a glorious day in the Provençal countryside; see magnificent Carcassonne with its towers, turrets, half-timbered houses and superb nave of the 11th century Basilica de Saint-Nazaire, beautiful hilltop Les Baux or Arles, where Van Gogh found so much inspiration. Or explore fortified Aigues Mortes in the heart of the Petite Camargue surrounded by ponds, marshes and saltpans.

DAY 7

Provence (Marseille), France

Located in southeastern France, today’s Marseille is a far cry from the sleepy villages it once inspired in Cézanne’s paintings. With more than a million people, the city remains the cosmopolitan and exuberant capital of southern Europe, with its picturesque Old Quarter, lively sidewalk cafes and shops, and Romanesque-Byzantine Notre Dame de la Garde Basilica, overlooking the steep cliffs and offering a bird’s eye view of the city’s colorful “quartiers” stretching down toward the sea.

DAY 8

Tuscany (Livorno), Italy

Livorno, located in the center of Tuscany, is the gateway to the glory of Renaissance Florence and Pisa. From the 13th to 16th centuries, this era of creative freedom encouraged the genius of Dante, Donatello, Michelangelo, Giotto, Botticelli, da Vinci, and Machiavelli to create some of the world’s most noted masterpieces. Elegant Florence offers the Galleria dell'Accademia, with its iconic masterpiece, Michelangelo’s David. The Uffizi is home to the most renowned art gallery in Italy, with representative works by the titan’s of Renaissance art. Join us for an excursion to Pisa, and tour the city's beautiful and historic Campo dei Miracoli. Nearby Siena captures the spirit of Medieval Italy and Lucca offers the memorable chance to bicycle through the fragrant Tuscan countryside.

DAY 9

Cruising the Tyrrhenian Sea

Enjoy complimentary coffee drinks prepared by our baristas, as well as delicious pastries, gourmet sandwiches and homemade cookies. Whether perusing international newspapers or simply taking in an always spectacular view, our café is the perfect place to relax, converse and enjoy coffee and snacks throughout the day.

DAY 10

Palermo (Sicily), Italy

Palermo, the capital city of Sicily, was founded by the Phoenicians in the eighth century BC. Palermo remained a Phoenician city until the First Punic War, when Sicily fell under Roman rule. Palermo remains a jewel of the Mediterranean, and is Sicily's largest and most cosmopolitan city. No visit to Sicily is ever complete without a visit to Palermo, a city that permits one not just to know this island but to begin to understand it.

DAY 11

La Goulette, Tunisia

Travel across millennia as you visit the ruins of ancient Carthage and the opulent, historic medina with its winding alleys and souks. Visit the superb Bardo Museum with its spectacular Roman mosaics or the lovely whitewashed village of Sidi Bou Saïd perched on a cliff above the sea, a charming spot of cobbled streets, flower-filled courtyards and ornate window grills painted deep blue. Enjoy looking for interesting jewelry, caftans and inlaid boxes.

DAYS 12 TO 13

Valletta, Malta

Malta's major port and capital, the entire city of Valletta was inscribed as a UNESCO World Heritage Site in 1980. The centerpiece is the impressive 19th century Mosta Dome, visible from anywhere on the island, with its inlaid marble floor and the gilded, carved stone flowers set around the interior dome. For a tranquil afternoon, stroll the San Anton Palace Gardens, artistically laid out in Three Villages - Attard, Lija and Balzan. Or, for spectacular vistas, take a day tour to Dingli Cliffs, which offer striking views of the sea and rugged coastline. Valetta is also a portal to day trips to nearby Mdina, with its landmark Baroque Cathedral of St. John; and Rabat, the provincial township that was once part of the Roman city of Melita, where you can explore several fascinating archaeological digs.

DAY 14

Cruising the Tyrrhenian Sea

Two complete Card and Conference Rooms can be used for everything from bridge lectures and tournaments to corporate meetings and special events. Gather with a few friends for an afternoon or evening of fun competition with board games, cards and more. Larger groups may increase space by removing the dividing door and combining both rooms.

DAY 15

Rome (Civitavecchia), Italy

Whether enjoying the street performers at the Spanish Steps and people-watching over a fine glass of wine in colorful Trastevere, or taking in the historical and architectural glory that is Rome, visitors are spoiled for choice in this truly Eternal City. St. Peter's Basilica is a full-day outing, featuring the Sistine Chapel and panoramic city vistas for those willing to climb to the top of the dome. Other landmarks not to miss include the renowned Trevi Fountain, the Coliseum, and Aventine Hill, which provides you with a grand view of the imposing remains of the Imperial Palaces and the Circus Maximus, of Ben Hur fame.

Rates and dates

Current rates in Malaysian Ringgit per person, correct on 8 November 2026. Subject to availability.

SAILING	SHIP	FROM, PER PERSON
07 Dec - 21 Dec 2026	SEVEN SEAS NAVIGATOR	RM 28,864

Included

- Unlimited Shore Excursions
- Speciality Restaurants and In-Suite Dining
- Unlimited Beverages Including Fine Wines and Premium Spirits

- Pre-Paid Gratuities
- Open Bars and Lounges Plus In-Suite Mini-Bar Replenished Daily
- Unlimited WiFi

Not included

- International air ticket

Sailings and suites are reserved with Sedunia Travel Cruise:
https://cruise.seduniatravel.com/trip/15d14n-barcelona-rome-southern-mediterranean-sojourn/

Speak with a specialist

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