SEDUNIA LUXURY



REGENT SEVEN SEAS CRUISES

Journey Back in Time: Rome (Civitavecchia) – Trieste

DURATION	WHERE	FROM, PER PERSON
10 days, 9 nights	Croatia, Greece, Italy, Malta, Montenegro	RM 29,100

Overview

Sail from Rome to Trieste aboard Seven Seas Prestige on a voyage through Mediterranean history. Southern Italian shores, Malta's heritage and the walled towns of the Adriatic come together in one elegant journey, with a day at sea between Valletta and Greece.

Itinerary

DAY 1

EMBARKATION - Rome (Civitavecchia), Italy

Depart 4:00 PM

Begin at Civitavecchia, the gateway to Rome. Regent highlights the Spanish Steps, Trastevere, Trevi Fountain and Colosseum, alongside the city's celebrated religious and architectural heritage. Aventine Hill offers views over the remains of the Imperial Palaces and Circus Maximus.

DAY 2

Sorrento/Capri, Italy

8:00 AM - 5:00 PM

Overlooking the Bay of Naples, Sorrento combines dramatic coastal scenery with a long cultural history. Explore the character of the Sorrentine Peninsula, or consider an excursion to Capri, an Italian island celebrated for its natural beauty.

DAY 3

Reggio Calabria, Italy

8:00 AM - 5:00 PM

Discover southern Italian culture where blue coastal waters meet the Aspromonte mountains. Regent highlights hillside villages, vineyards and Calabrian cuisine, the Lungomare Falcomatà promenade, the ancient Riace Bronzes at the national museum, and the historic Aragonese Castle.

DAY 4

Valletta, Malta

8:00 AM - 5:00 PM

Malta's capital is a UNESCO World Heritage city. Regent's destination guide also highlights island outings to Mosta Dome, the gardens of San Anton Palace, Dingli Cliffs, and the historic towns of Mdina and Rabat, offering architecture, coastal views and archaeological interest.

DAY 5

Cruising the Ionian Sea

At Sea

A full day at sea between Malta and Greece. Enjoy the ship's included dining, lounges, spa facilities and in-suite service while sailing towards the next destination.

DAY 6

Igoumenitsa, Greece

7:00 AM - 4:00 PM

A resilient Greek port with roots in the fourth century BC, Igoumenitsa has rebuilt through changing fortunes, including destruction during World War II. Today it welcomes visitors arriving by ferry and cruise ship, reflecting the enduring character of its people.

DAY 7

Kotor, Montenegro

8:00 AM - 5:00 PM

Set within a sheltered part of the Gulf of Kotor, this old port preserves impressive fortifications and a UNESCO-listed historic setting. Discover the medieval Cathedral of Saint Tryphon, built in 1166, and the ancient walls rising above the city.

DAY 8

Dubrovnik, Croatia

7:00 AM - 4:00 PM

The Pearl of the Adriatic is known for marble-paved squares, fountains, tall houses and steep cobbled lanes. Its preserved walls frame a largely pedestrian historic centre, while the UNESCO-listed Old City reveals beautifully restored monuments and centuries of coastal history.

DAY 9

Zadar, Croatia

9:00 AM - 6:00 PM

On Croatia's northern Dalmatian coast, Zadar layers thousands of years of history, from Roman and Byzantine rule to its rise as a trading and naval centre. Regent highlights its architecture and culture, with Plitvice National Park among the region's wider attractions.

DAY 10

DISEMBARKATION - Trieste, Italy

Arrive 7:00 AM

Your voyage ends in northeastern Italy. Trieste's location and history have shaped a prosperous city of designer boutiques, outdoor markets and traditional osterias, where local life can be enjoyed over a plate of pasta.

Rates and dates

Current rates in Malaysian Ringgit per person, correct on 8 November 2026. Subject to availability.

SAILING	SHIP	FROM, PER PERSON
12 Aug - 21 Aug 2027	SEVEN SEAS PRESTIGE	RM 29,100

Included

- Unlimited shore excursions*
- Exquisite dining, including specialty restaurants
- Unlimited beverages, fine wines and craft cocktails
- Customizable in-suite minibar
- Unlimited spa facilities access
- Unlimited Wi-Fi*
- Pre-paid gratuities
- Valet laundry service
- 24-hour in-suite dining
- One-night pre-cruise hotel package (Concierge Suites and above)

Not included

- International air ticket
- Regent Choice and Overland Programmes (may cost extra)
- Travel insurance, visas and personal expenses

Sailings and suites are reserved with Sedunia Travel Cruise:
https://cruise.seduniatravel.com/trip/10d9n-rome-civitavecchia-trieste-journey-back-in-time/

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